

Australian School of Reflexology & Relaxation

# Foot Reflexology for Carers



The feet are miraculous in the way that they reflect the physical, emotional and spiritual aspects of the human body. Join me in a 2 day, hands-on workshop to learn some theoretical background, basic concepts and application of reflexology relaxation techniques. This is a perfect way of being introduced to the modality or adding a valuable tool to your tool kit.

Upon completion, you will be able to provide a basic relaxing reflexology treatment on, friends, family, or those in your care.

*The workshop is presented by Lyn Fava – Reflexologist and Principal ASRR*

- WHEN:** Sat 24<sup>th</sup> & Sun 25<sup>th</sup> November 2018
- TIME:** 9.30am – 4.30 pm
- WHERE:** St Joseph's By The Sea: Williamstown
- Investment:** \$400
- Enquiries:** Email: [info@asrr.com.au](mailto:info@asrr.com.au)  
Phone: Lyn 0412 353 385

Learn a  
little about  
**Yourself**

**To enrol in this workshop, complete and enrolment form and email to [info@asrr.com.au](mailto:info@asrr.com.au)**