

Australian School of Reflexology & Relaxation

# Hand Reflexology for Carers



Human touch is one of the greatest gifts we can share with other. There are reflex points on the hands that reflect all our body parts. This workshop will introduce you to some wonderful relaxation moves and basic hand reflexology techniques.

This workshop is perfect for those wanting to perform a simple hand reflexology treatment on self, friends, family, or those in your care.

*The workshop is presented by Lyn Fava- Reflexologist and Principal of ASRR.*

**WHEN:** Wednesday 1<sup>st</sup> December 2017

**TIME:** 10am – 4.30 pm

**WHERE:** 18 Church St  
Werribee VIC 3030

**Investment:** \$165

**Enquiries:** Email: [info@asrr.com.au](mailto:info@asrr.com.au)  
Phone: 0412 353 385



**To enrol in this workshop, complete and enrolment form and email to [info@asrr.com.au](mailto:info@asrr.com.au)**

[www.asrr.com.au](http://www.asrr.com.au)