



COURSE OUTLINE

HLTAID001 Provide cardiopulmonary resuscitation

HLTAID003 Provide first aid



First Aid & CPR

HLTAID003 Provide first aid & HLTAID001 Provide cardiopulmonary resuscitation is delivered by the Australian School of Reflexology and Relaxation through a partnership with Training Partners Australia Pty Ltd (TOID 40682).

The first aid course (HLTAID003) will provide students with the skills and knowledge required to provide a first aid response to casualties. The CPR course (HLTAID001) will enable students to learn how to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. These courses will be delivered in the workplace or in community locations to those who require first aid or CPR training. This may include the general public, such as parents with children who have a medical condition, workers who require first aid to work in their field, first aid officers in the workplace, community groups, sporting groups and so on.

The HLTAID001 and HLTAID003 units are from the current Health (HLT) training package. There are no prerequisites for these units of competency.

Upon successful completion of all assessment requirements for these units, you will be issued a statement of attainment for the HLTAID003 Provide first aid or HLTAID001 Provide cardiopulmonary resuscitation (depending which course you complete) by Training Partners Australia (RTO ID: 40682).

Course duration

HLTAID001 Provide cardiopulmonary resuscitation
Students attend one 4-hour class, which includes training and assessment.

HLTAID003 Provide first aid
7.5 hours of face-to-face training, combined with 10.5 hours of self-paced study, which is to be completed prior to the face-to-face training day.

Delivery location

Training for this course is delivered in a variety of locations around Victoria. We currently hold courses at our Caulfield Campus (475 Hawthorn Rd, Caulfield South), Port Melbourne Campus (1/14 Salmon St Port Melbourne) and our Werribee Campus (9 Synnot St Werribee).

This course can also be delivered onsite for groups of 10-14 people.

Career and education outcomes

First aid and CPR units are included in many qualifications. After completing these units, you may be eligible for credit transfer in other qualifications. After completing these units you may also be able to apply for HLTAID006 Provide advanced first aid. It is important to note that these are the new units from the new 2013 version of the HLT Training Package. Many qualifications still include the older unit HLTF311A, from the HLT07 Training Package. The units are not seen as equivalent. After completion of these units students may also go on to be First Aid representatives at their workplace, local school, community group or sporting team.

Entry requirements

There are no specific entry requirements or pre-requisites required to enrol in this course however please refer to training arrangements below for details of pre-requisites required prior to the practical class.

Training arrangements

You will be supplied with a workbook that must be completed prior to attending the single 7.5 hour practical session. This is a pre requisite for attending the practical class. Students are required to attend the compulsory practical class in order to complete this course. Failure to attend the practical component or reschedule this with ASRR, will result in your enrolment being cancelled. The practical class will include revision of the theory, practice of your first aid and CPR skills and assessment of practical demonstrations. Assessments will include written tests, completion of a range of first aid scenarios (such as responding to allergic reactions, anaphylaxis, severe bleeding, poisoning and so on) and completion of documentation relevant to first aid work and CPR demonstrations.

Assessment arrangements

Students will form their evidence for assessment from a variety of sources including an open book test, class scenarios, incident reporting and a closed book test.

Course Costs

Fee for service students

Students completing this course will be charged on a fee-for-service basis (self-funded student). Refer to the table below for applicable fees.

Fees Table

Fee-for-service (general public)	\$165	Payment due in full upon enrolment
Fee-for-service (ASRR affiliate member)	\$135	Payment due in full upon enrolment See website for affiliate members
Fee-for-service Corporate/ Group rate for 10-14 people	\$115	Payment due in full upon enrolment

What other information should I be aware of before I apply?

Please read this Course Outline in conjunction with our Enrolment Handbook. The Enrolment Handbook contains detailed information about our policies and procedures, your rights and responsibilities, and the training, assessment and support services to be provided during your course.

Enrolment

To apply to enrol in this course, please contact our office to receive an Enrolment Package. We encourage people from diverse backgrounds and disabilities to participate in this training.

Contact us

Australian School of Reflexology and Relaxation

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Training Partners Australia

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These units are nationally recognised units and will be issued by Training Partners Australia (TOID 40682).

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