



Foot Reflexology Introductory Workshop

Reflexology for Carers

This hands-on workshop is perfect for people wanting to learn some background and knowledge of the basic concepts and application of reflexology for professional or personal development. Upon completion, you will be able to perform simple reflexology techniques for family, friends or for those in your care. This is also a way to experience reflexology prior to enrolling in our professional reflexology course

Workshop includes:

- Introduction to reflexology philosophy
- History of reflexology
- Precautions
- Relaxation techniques
- Basic reflexology techniques
- Reflexology manual
- Certificate of completion
- CPT 12 hours.

Date: Oct 26th, Nov 2nd, 9th & 16th 2017
Time: 6.30pm – 9.30pm
Cost: \$330
Venue: Grovedale Neighbourhood House
45 Hayers Rd, Grovedale 3216
Presenter: Cate Brown
Contact: Mob 0408 209 718

Booking is essential as numbers are limited to 12.
To enrol, fill in an application form and email/ post it to the ASRR
Payment is required for confirmation of booking